

# Reflections

MS / HS / DP Newsletter - Chennai Main Campus

Coimbatore | Chennai | Kochi | Karur | Tirupur | Madurai | Bangalore  
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## Yuletide Magic Sparkles at TIPS



‘Tis the season of wonder at TIPS as our campus transformed into a festive wonderland! Merry students and teachers decked the halls with glistening ornaments, while twinkling fairy lights and evergreen wreaths brought holiday cheer to every corner. Jolly old St. Nick made appearances throughout our festively adorned classrooms. The yuletide celebration reached its peak with a delightful showcase of merrymaking, where carollers sang seasonal favourites and young performers danced with Christmas spirit. These heartwarming festivities captured the true magic of the season, spreading goodwill and joy throughout our school family.

These festivities embodied the true spirit of Christmas – unity, creativity, and compassion – creating cherished memories as we bid farewell to another remarkable year at TIPS.

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### Upcoming Events

- 10<sup>th</sup> Jan'25 – Pongal Celebrations
- 13<sup>th</sup> – 17<sup>th</sup> Jan'25 – Pongal Break
- 20<sup>th</sup> – 24<sup>th</sup> Jan'25 – Formative Assessment-III  
Grades 6 – 9
- 24<sup>th</sup> Jan'25 – Republic Day Celebrations
- 25<sup>th</sup> Jan'25 – Student Led Conference-III  
Grades 6 -9

# Health and Wellbeing

## A path to a balanced life



Health and wellbeing are necessities of life. While there is a wealth of information available on the subject, it is the cultivation of good habits that truly lays the foundation for a healthy life. These habits shape the leaders of tomorrow, equipping them to face challenges with resilience and confidence.

At TIPS, we strive to instill these essential habits in our students. A recent session began with an introduction to the concept of the health triangle, emphasizing the interconnectedness of physical, mental, and social health.

Students explored ways to maintain their physical health through a balanced exercise regimen and were introduced to practices that support mental health, such as breathing exercises and yoga. The session culminated in a focus on social health, highlighting the importance of building positive relationships, socializing effectively, and treating others with respect and courtesy.

By delving into these three critical components of health, students gained a comprehensive understanding of holistic wellbeing. This empowering experience has provided them with valuable tools to lead healthier, more balanced lives, both now and in the future.





# Building a Better Tomorrow



Recent economic policies in India have had a profound influence on business operations and growth. In this evolving economic landscape, adaptability and innovation are crucial for businesses to thrive.

To gain a deeper understanding of these changes, the students of Grade 9 were tasked with analyzing the **“Impact of Recent Economic Policies on Businesses in India.”** Through a dynamic debate, they explored the effects of fiscal, monetary, and supply-side measures. Students speaking for the topic emphasized the positive aspects, such as fiscal policies promoting growth through increased government spending and corporate tax cuts. They also highlighted the role of monetary policies, including reduced interest rates to boost credit availability, and initiatives like **Make in India**, which aim to foster industrial growth and attract foreign investments.

Those speaking against the topic, however, pointed out challenges such as rising inflation, increased compliance burdens, and the difficulties small businesses face in adapting to these policy changes. Their arguments stressed the need to address these issues to ensure inclusive growth. The discussion concluded with a shared understanding of the importance of balanced policies that support both large enterprises and smaller businesses, ensuring sustainable and equitable economic progress.



# Secrets of the Cosmos



With private companies entering the space race and international collaborations flourishing, the future of space science and rocketry holds thrilling opportunities for exploration, innovation, and even the possibility of space tourism. At TIPS, we embrace this exciting frontier by providing our students with opportunities to learn about rocketry through engaging and constructive methods.

The Grade 10 students delved into key concepts of astrodynamics, exploring various types of orbits, Lagrange points, and gravitational assists. They also studied the motion of planets within our solar system, gaining insights into how celestial bodies interact.

To enhance their learning, students participated in hands-on activities inspired by general relativity, using everyday objects to illustrate complex principles. These interactive sessions were designed to make the learning process enjoyable while offering a deeper understanding of the scientific fundamentals driving space exploration.

By fostering curiosity and critical thinking, these activities not only ignite a passion for space science but also prepare students for a future where the stars are within reach.





# Express Your French



French is one of the most widely spoken languages in the world and serves as an official language in many Francophone countries. These countries, once French colonies, continue to use French as a key means of communication. Like any language, expressions play a vital role in conveying emotions and adding flair to communication. At TIPS, we encourage students to enhance their language skills through creative and interactive activities.

The Grade 9 French students were tasked with developing scripts that incorporated popular French expressions such as “Oh là là!” and “Oh mon Dieu!” to improve their speaking skills. After crafting their scripts, each group performed their dialogues in front of their classmates.

This activity not only allowed students to practice spoken French but also provided insights into the nuances of conversational French. By blending creativity with performance, the session made learning fun and dynamic, helping students build confidence and fluency in the language.



# Kindle Your Curiosity



Field trips are an essential way to learn and explore new experiences beyond the confines of classroom walls. At TIPS, we embrace these opportunities to deepen students' understanding of how the world functions and inspire them to dream bigger.

On 16<sup>th</sup> December, 2024, the students of Grades 9 and 10 had the chance to visit AVIT, Chennai, as part of their field trip. During their visit, they toured the campus and explored various academic disciplines, guided by insightful professors who shared key insights into excelling in diverse fields such as medicine, law, and more.

One of the highlights of the trip was a visit to the lab, where students had the chance to see original creations and innovative inventions by college students. It was an inspiring experience that broadened their perspectives and showcased the possibilities of higher education. This memorable day not only provided a glimpse into university life but also gave our students a clearer vision of their future aspirations.





# Student Author Pens Path to Success



“Creativity is intelligence and having fun.”

We proudly celebrate G.R. Anantha Krishnan of Class 6E, who has achieved remarkable success as a published author. His captivating works, “The Crown Thief” and “The Royal Mystery”, published by Bribooks, showcase his exceptional storytelling talent. These adventure-filled narratives demonstrate Anantha Kirshnan’s creative prowess and ability to engage readers of all ages. His achievement serves as an inspiration to fellow students and brings pride to our school community. We eagerly anticipate more literary gems from this promising young author.



# Talent Hunt



Laya Satish, Grade 8, had the opportunity to participate in the Little Miss India competition that took place on the 22<sup>nd</sup> of December, 2024, in Orissa. She shares her experience with us.

“I remember the day I decided to participate in the Little Miss India competition. I was nervous, yet excited, about the opportunity to showcase my talents, confidence, and beauty on stage. As I began to prepare for the competition, I realised that it was not just about looking good, but also about inspiring others, and making a positive impact on my community. The journey was not easy. I had to balance my school work, practice my ramp walk, and perfect my stage presence. Despite the challenges, I was determined to give it my all and make most of this opportunity.

The day of the competition finally arrived, I was filled with a mix of emotions – excitement, nervousness, and anticipation as I took the stage. I felt a surge of confidence and pride. The competition was fierce, with many talented and beautiful contestants competing for the top sport.

However, I did not let that intimidate me. Instead, I focused on being myself, having fun, and enjoying the experience. Participating in the competition was a life changing experience that taught me the importance of self-confidence, hard work, and perseverance. I will always treasure the memories and lesson I gained from this experience.”







*Wishing everyone a  
Happy Pongal!*